



**Trafford  
Family  
Information  
Service**

# Family Information Service Newsletter

[www.trafforddirectory.co.uk](http://www.trafforddirectory.co.uk)



## Road safety basics for children aged 2–7 years

Why not take part in a Beep Beep! Day to teach young children important road safety basics and help parents, carers and the wider community understand how to protect children on roads.

The next Beep Beep! Day will take place on **Wednesday 26 April 2023**.

Ask your child's childcare setting to sign up now for a FREE action pack to teach road safety to young children. The action pack includes fun activities, stickers, certificates and posters featuring characters from Aardman Animations' Timmy Time. Fill out the simple form and find out how you can get involved.



[www.brake.org.uk](http://www.brake.org.uk)



## Holiday Activities and Food Programme (HAF)



The Holiday Activities and Food (HAF) programme is a scheme funded by the Government and delivered by local councils, providing healthy food and fun activities to children and young people, with free places available for those on benefit related free school meals.

The HAF is currently being delivered across the Easter, summer and Christmas school holidays in Trafford.

[Please click here to find out about Easter holiday activities and for more information about the HAF programme.](#)

## Stay, Play and Discover

2023

Parents and carers with children 5 and under are invited to join us for our free stay and play sessions.

**Thursday 23 March**  
**Thursday 29 June**  
**Thursday 21 September**  
**Thursday 14 December**

**09:30am - 11:00am at**  
**Partington Early Help Hub**  
**Central Road**  
**M31 4FL**

**More dates  
and venues  
to be  
confirmed**



## Craft activity idea

### Paper flower craft

Make use of those spare cake cases to create some lovely spring flower pictures.

Why not get creative by using different painting techniques such as sponge, splatter and drip.

For older children why not add some sparkle with glitter and sequins. We would love you to share your creations at [TraffordFIS](#)



Did you know that Trafford parents and carers of children ages 0-5 have access to a confidential NHS text messaging service offering advice and support?

They can help with parenting advice and support, sleep, continence, immunisations, mental health, minor illness, speech, behaviour, temper tantrums, infant feeding, diet and exercise, school readiness, child development and more.

**Response Time:** Within 24 hours, 8.30am – 4.30pm Monday to Friday (except bank holidays)



## Trafford well baby clinics



### Trafford baby clinics are now back to offering drop in baby weigh in clinics.

Parents and carers can get the health information and advice they need for their young children by attending [well baby clinics](#). During the clinics, parents are able to have their babies weighed and checked, and can seek advice about all aspects of feeding, nursing and caring for babies and pre-school children.

### Breastfeeding support in Trafford



- We support pregnant women and new mums/families with breastfeeding from initiation and beyond.
- We complete 1:1 home visits, telephone calls and have weekly supportive drop in sessions to share information and support with breastfeeding.
- We have a peer support WhatsApp group.
- We take self-referrals and referrals from other professionals and encourage early contact to ensure timely support.

Referrals via Infant feeding coordinator – 07977813839  
(Tuesday to Friday) Trafford Infant Feeding Team | Facebook

## Newsletter sign up

Would you like to receive the newsletter straight to your inbox? If so then please scan the QR code.



## Volunteering opportunities with TLC

At TLC: Talk Listen Change, we have several volunteering opportunities, including various youth work and admin roles at Talkshop in Sale. Talkshop provide various groups and drop-ins to support young people as well a detached service for young people around Trafford.



We also have opportunities to work in Early Years (0-5 year olds and their families) at Partington and Stretford Early Help Hubs running Stay and Play sessions.

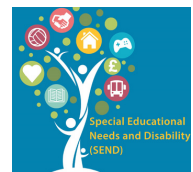
We welcome applications from anyone interested.

If you'd like more information please contact Laurie Beach, Early Help Volunteer Coordinator.

[lauriebeach@talklistenchange.org.uk](mailto:lauriebeach@talklistenchange.org.uk) or take a look at our website [talklistenchange.org.uk/volunteer](http://talklistenchange.org.uk/volunteer)

## Trafford SEND (special educational needs and disabilities) local offer

Trafford's Local Offer brings together all the services and organisations which are part of the support on offer for children and young people with Special Educational Needs or who are Disabled (SEND) in Trafford.



You can access the local offer online via the Trafford Directory or by phone or post by contacting the Family Information Service .

[Trafford Directory](#) | [Trafford SEND Local Offer](#)



## The Trafford Directory

Please visit the [Trafford Directory](#) for more information on the services mentioned in this newsletter and to view an easier to read version.

