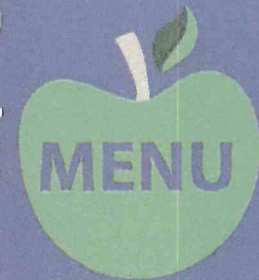


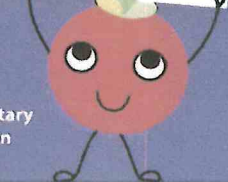
TRAFFORD SCHOOL LUNCH MENU



Available Daily

- Fresh Salad
- Jugs of Water
- Yoghurt
- Fresh Fruit
- Jacket Potato with Beans or Cheese
- Sandwiches

Our chicken and milk are Food Standards Assured and we only use Lion Quality Eggs



We Serve 15,000 meals per day, that's 2850,000 per year!

All our fish is MSC approved and all our bananas and sugar are Fair Trade

All our Beef is from the UK or Ireland and we can trace every cut of meat back to the Farms of Origin

We support MEAT FREE Mondays

	WEEK 1	WEEK 2	WEEK 3
Monday	Cheese and Tomato Pizza Vegetable Samosa Potatoes Wedges, Green Beans Frozen Mango Smoothie	Cheese Whirl Mini Omelette Wedges, Baked Beans Frozen Raspberrry Smoothie	Deli Selection – Cheese & Tomato Wrap, Tuna & Mayo Wrap Salad, Potato Cubes Frozen Orange Smoothie
Tuesday	Beef Burger in a bun Quorn Burger in a bun Peas and Sweetcorn, Diced Potatoes Crispy Cakes	Cajun Chicken Burger Vegetable Burger in a bun Chips, Salad Chocolate Beetroot Brownie	Pork Sausages Quorn Sausages Mashed Potatoes, Carrots & Peas Jelly
Wednesday	Pork & Carrot Meatballs, Pasta Tomato Pasta, Garlic Bread Baked Beans Sponge Cake	Roast Turkey in Gravy Roast Quorn in Gravy Roast Potatoes, Carrots, Yorkshire Puddings Whip	Roast Chicken Dinner, Yorkshire Pudding Roast Vegan Quorn Fillet Roast Potatoes, Broccoli Blueberry Muffin
Thursday	Chicken Fajitas Quorn Fajitas Rice, Salad Jelly	Sausage Roll Quorn Sausage Roll Mixed Salad, Diced Potatoes Sponge Cake	Chicken Curry, Rice, Naan Bread Vegetable Curry, Rice, Naan Bread Rice, Sweetcorn, Naan Bread Sponge Cake
Friday	Fish Fingers Mini Omelette Chips, Peas Fresh Fruit and Yoghurt	Bubble Battered Salmon Fillet or Fish Fingers Vegetable Samosa Wrap, Rice and Peas Fresh Fruit and Yoghurt	Breaded Omega 3 Fish Fingers Tomato Pasta Chips, Baked Beans Fresh Fruit and Yoghurt

We can bespoke our menu's to reflect your children's dietary needs, so that school meals can be enjoyed by all children