
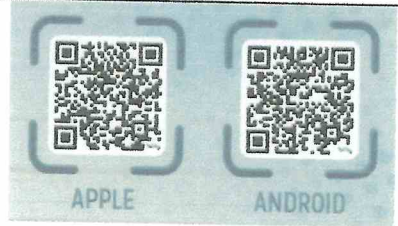

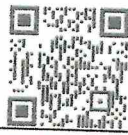


Support:	Support Details:	How to Contact:
Trafford Padlets	<p>A digital platform offering information and signposted to families around SEND.</p> <p>Includes 'What's on in Trafford', Sub Padlets for Autism / ADHD / Sensory / etc, together with national resources and advice.</p>	
The Trafford GM Family Hub App	<p>Trafford has partnered with Greater Manchester Family Hubs and Essential Parent to offer a free app for parents, parents-to-be and carers. A one-stop shop of health information from pregnancy to teenage years for you and your family</p> <ul style="list-style-type: none"> • 75 languages • Tailored information for family • Details of support services local to you 	
Chatty Cafes	<p>All parent carers in Trafford are invited to a friendly coffee morning for peer-to-peer support, signposting, to listen to guest speakers and enjoy some wellbeing sessions.</p>	<p>Trafford Directory * SEND Parent Carers Chatty Café at Life Centre (Sale)</p> <p>info@traffordcarerscentre.org.uk</p>
SENDIASS	<p>SENDIASS provide free, confidential, impartial advice and support to parent carers, children and young people aged 0 - 25 in relation to Special Educational Needs and Disability (SEND) who live in Trafford.</p> <p>Trafford SENDIASS offer information, advice and support on:</p> <ul style="list-style-type: none"> • The law around SEND • Health and social care in relation to special educational needs provision • Personal budgets • Education health care plans (EHCP) • Information on the Local Offer (Services and provision available for those with SEND) • Transition post 16 - Preparing for adulthood • Resolving any disagreements 	<p>sendiass@trafford.gov.uk</p> <p>https://sendiass.trafford.gov.uk/</p> <p>https://twitter.com/TraffordSENDIASS</p> <p>https://www.facebook.com/TraffordSENDIASS/</p>
Trafford SEND Together	<p>Trafford SEND Together is a parent-carer forum in partnership with Trafford Council and Contact, offering a safe space for peer support, information, and, starting soon, weekly Tuesday drop-in sessions (10am–12pm) to help shape local services. It connects families with special educational needs and disability (SEND) services across Trafford.</p>	<p>TraffordSENDTogether@gmail.com</p> <p>https://www.facebook.com/share/p/15bSffk6iSN/</p>
STEP @ Advocating Together	<p>STEP are a support service within Advocating Together. They provide peer to peer emotional and practical support and advice for parent/carers of children and young people with SEND.</p> <p>STEP provide low-level support such as;</p> <ul style="list-style-type: none"> • Emotional support • Practical support for day-to-day challenges • Signposting to Trafford services • Help navigating the Local Offer 	<p>Trafford Directory STEP @ Advocating Together</p> <p>https://www.advocatingtogether.com</p>

	<ul style="list-style-type: none"> Guidance for completing DLA/PIP Application forms Support in low-level meetings in school <p>Regular peer support sessions (weekly day time, monthly evening and weekend sessions running in term-time)</p>	
EBSNA Parent drop ins (EP service)	<p>Trafford's Educational Psychology Service are hosting a series of advice and information sessions throughout this academic year for families experiencing difficulties related to EBSNA. Each session will begin with some information about school attendance difficulties and what support can be offered, followed by a chance to ask questions and chat to other parents and carers. Each session will last around 90 minutes and there will be a range of in-person and online throughout the academic year. For anyone who cannot attend a live session, there is also a pre-recorded webinar available via the EBSNA Padlet.</p>	<p>TraffordEPS@trafford.gov.uk</p>
Trafford Educational Psychology Service	<p>Trafford's Educational Psychologists (EPs) work with children, teaching staff, parents/carers and other agencies.</p> <p>They have a Facebook page which offers a free advice line, Facebook live events and general information sharing.</p> <p>For families not already known to the EP service (including via an EHCP) free 30-minute telephone consultations are available with an EP where parents and carers can discuss any concerns they have around their child's development, behaviour, or wellbeing. Top tips, advice and signposting to other helpful services can be given.</p>	<p>Trafford Directory *Trafford Educational Psychology Service</p> <p>https://www.facebook.com/people/Trafford-Educational-Psychology-Service/100067849460396/</p> <p>EP parent / carer Consultations :</p> 
Trafford Sleep Therapy Universal Support	<p>Trafford sleep services provide parent / carer webinars to find information on how to help children with their sleep. Service will provide a minimum of 175 clinics per year for children and young people ages 2 – 18y (up to 25 years for young disabled people). The service supports CYP through universal webinars and 1:1 support where needed.</p>	<p>Trafford Directory * Trafford Sleep Services</p>
GMYN SEND Youth Forum	<p>This support Trafford's disabled and neurodivergent young people by hearing their views and opinions on key themes important to supporting them in their everyday lives.</p> <p>Trafford 'Younger' Youth Panel for YP ages 13 – 16.</p> <p>Trafford 'Older' Youth Panel for YP ages 17 – 25. The group runs every other week.</p>	<p>Trafford Directory Trafford Out Loud - SEND Youth Forum</p>
Spectrum Gaming	<p>Spectrum Gaming is an autistic-led UK based charity that supports autistic young people. It was set up by a group of autistic advocates who wanted to create a friendly and accepting community for autistic young people (aged 8-17) who have a shared passion for gaming. Their main focus is for autistic young people to have fun and socialise in a safe space.</p> <p>They have two Discord servers (under 13's and teen) facilitated by autistic youth workers where young people can chat and play games together. They run regular online events for the community to get involved in, based on their members interests. In addition to their Discord servers, they run a Minecraft server so that everyone can enjoy</p>	<p>Spectrum Gaming website</p> <p>info@spectrumgaming.net</p>

	playing Minecraft together. They also host a variety of face-to-face meetups in Greater Manchester including youth club, football and forest school.	
GMAC online videos/webinars	The Greater Manchester Autism Consortium is a point of contact for anyone in Greater Manchester needing information about autism and related issues. There are a number of online videos and webinars to support topics around sensory needs, burnout communication, etc.	Resources - GMAC
EPEC parenting support	EPEC provides local parents/carers with an opportunity to learn new knowledge through following a 12-week Parent Leader Workshop. This empowers them with the skills to deliver a peer led support program in their community which supports families' strengths and improves wellbeing. The peer led programme is designed to reach communities who may not otherwise seek professional led support.	Trafford Directory Empowering Parents, Empowering Communities Volunteer Parent Group Leader
Starling (Peer to Peer Support Offer)	Starling is a neurodiverse charity who offer wellbeing youth groups to children and young people aged 10 – 17yrs. These sessions are face to face, in three venues across Trafford: Sale (Talkshop), Humphry Park and Altrincham.	hello@starling.co.uk 
Togetherness (Previously known as the Solihull Approach)	This is an online evidence-based approach which supports mental health and wellbeing in parents, children, schools, older adults and high stress workplaces through an evidence-based model in training, online courses and resources. The access code WATERPARK gives Trafford residents free unlimited access.	Trafford Directory Togetherness NHS emotional health support
Starting Strong (5+)	Starting Strong is a fully funded 6-week course for parents and carers of children aged 5-16 attending Trafford schools, who are presenting with special educational needs. This course is run several times per year.	The Counselling & Family Centre Courses SEND Parents Trafford Directory Starting Strong...
Gorse Hill Studios (Tuesday & Saturday Challenge)	Open access youth club for 11–25-year-olds with SEND meeting every Saturday or Tuesday at Gorse Hill Studios. Opportunity to engage in arts and fitness with Sports Works every Saturday morning 10:00-12:30. On a Tuesday, there is the opportunity to explore different creative sessions every week, including art, music, games, sports, cooking, gardening, and more. The sessions cost £5.	Tuesday Challenge Trafford Council Saturday Challenge Gorse Hill Studios