



TRAFFORD
COUNCIL

Helen Gollins

Director of Public Health

Trafford Council

Ground Floor, Trafford Town Hall, Talbot Road
Stretford, Manchester M32 0TH
www.trafford.gov.uk

Date 14th July 2026

Dear Parent(s) or Carer(s),

We are aware that smoke from wildfires is affecting air quality across parts of Greater Manchester.

If they breathe in smoke, most healthy people will experience only short-term symptoms.

But smoke can have a greater impact on babies and young children, older people, those who are pregnant, and people with heart or lung conditions such as asthma, COPD or heart disease.

Reduce your exposure to smoke

If you can smell smoke or see it, then we recommend that you:

- Spend less time outdoors.
- Avoid strenuous outdoor exercise, such as running, intensive gardening or sports.
- Keep windows and doors closed while smoke levels are high.
- Stay indoors during the smokiest periods, if temperatures allow.
- Keep car windows closed and use the vehicle's recirculating air setting if available.
- Drink plenty of water in warmer weather.

We advise people to check on family members, neighbours and friends who may be at greater risk, particularly if they live alone or have respiratory or cardiovascular conditions.

If you are concerned that someone with asthma, COPD, other respiratory or heart related conditions, has become unwell because of the smoke call NHS **111** for advice, [get help from the NHS online](#), or contact their GP. If they are unwell and unable to breathe, call **999** immediately.

Keep up to date

Air quality can change quickly depending on wind and weather conditions.

You can check the latest air quality forecasts through:

- [Defra UK-Air](#)
- [Met Office air quality forecasts](#)

Trafford Council will continue to work closely with Emergency Services and other partners from across Greater Manchester to keep our residents safe. For ongoing updates on the incidents and its impact on Trafford please go to www.Trafford.gov.uk or follow our social media.

www.facebook.com/traffordcouncil
www.linkedin.com/company/trafford-council/
www.x.com/TraffordCouncil
www.instagram.com/trafford_council/

Kind Regards

A handwritten signature in black ink that reads "Helen Gollins". The signature is written in a cursive style with a large 'H' and a stylized 'G'.

Helen Gollins
Director of Public Health

