



St Alphonsus Mission Statement



God lives in me.

I am His witness.

I respect everybody, everybody respects me.

In our loving school, everyone is unique.

*Just like the flowers in the field, as they grow,
we too grow in God's love each day.*



The Sign of the Cross



*In the name of the Father
and of the Son
and of the Holy Spirit.
Amen.*



The Lord's Prayer

*Our Father who art in heaven,
hallowed be thy name.*

Thy kingdom come.

*Thy will be done on earth,
as it is in heaven.*

*Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.*





The Hail Mary

*Hail, Mary, full of grace,
the Lord is with thee.*

*Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.*

*Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.*

Amen.





Glory Be



*Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end.
Amen*



Eternal Rest



*Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace.*

Amen.



Morning Offering KS1



*Oh my God, I give to you
All that I think I'll say or do.
All my work and all my happy play
I will give to you today.
Amen.*

Morning Offering KS2



*O Jesus,
through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred
Heart.*

Grace Before Meals Y1

*Thank you for the world so sweet,
Thank you for the food we eat.
Thank you for the birds that sing,
Thank you God for everything.
Amen.*





Grace Before Meals Y2



*Bless us, oh Lord, as we sit together.
Bless the food we eat today.
Bless the hands that make the food.
Bless us, oh Lord.
Amen.*



Grace Before Meals KS2



*Bless us, O Lord, and these your gifts
which we are about to receive from your
bounty. Through Christ our Lord.*

Amen.

Grace After Meals

*We give you thanks, Almighty God,
for all your benefits,
who live and reign, world without end.
Amen.*





Evening Prayer KS1



*Good night God, I'm going to bed
Work is over, prayers are said.
I'm not afraid of night.
You will watch till morning light.
Amen.*



Angel of God



*Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.*

St Patrick's Breastplate



*Christ be with me
Christ be beside me
Christ be before me
Christ be at my right hand
Christ be at my left hand
Christ be with me everywhere I go
Christ be my friend forever and ever.
Amen*



Apostles' Creed

*I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.*



Act of Contrition



*O my God,
because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.*

Prayer of St Richard of Chichester



*Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day.
Amen.*

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray

*O God, who by the light of the Holy Spirit,
did instruct the hearts of your faithful,
grant that by that same Holy Spirit,
we may be truly wise, and ever rejoice in your consolation,
Through Christ our Lord.*

Amen.





Act of Faith

*My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.*





Act of Hope

*My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and your power.*





Act of Love

*My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.*





Hail, Holy Queen



*Hail, Holy Queen, Mother of Mercy
Hail, our life, our sweetness and our hope
To thee do we cry, poor banished children of Eve
To thee do we send up our sighs, mourning and
Weeping in this veil of tears.*

*Turn the most gracious advocate, thine eyes of mercy towards us
And after this our exile, show unto us the blessed
Fruit of thy womb, Jesus.*

*O clement, O loving, O sweet Virgin Mary
Pray for us, O Holy Mother of God
That we may be made worthy of the promises of Christ.*



The Memorare



*Remember, O most living Virgin Mary, that it is a thing unheard of,
That anyone ever had recourse to your protection,
Implored you help, or sought your intercession,
And was left forsaken. Filled therefore with confidence
In your goodness I fly to you, O mother, Virgin of Virgins.
To you I come, before you, I stand, a sorrowful sinner.
Despise no my word, O Mother of the word,
But graciously hear and grant my prayer.
Amen.*



The Angelus



*The Angel of the Lord declared to Mary;
And she conceived of the Holy Spirit, Hail Mary etc.*

Behold the handmaid of the Lord

Be it done to me according to your word.

Hail Mary, etc. And the World was made flesh (Bow Head)

And dwelt among us.

Hail Mary, etc.

Pray for us, O holy Mother of God,

That we may be made worthy of the promises of Christ.

Let us pray.

The Angelus (Cont'd)

*Pour forth, we beseech you, O Lord, your grace
Into our hearts, that we, to whom the incarnation
Of Christ your Son, was made known by the message
Of an angel, may be brought by his passion and cross
To the glory of his resurrection, through the same
Christ our Lord.*

Amen.

*May the divine assistance remain always with us
And may the souls of the faithful departed, through
The mercy of God, rest in peace.*

Amen.

In the name of the Father, and the Son, and the Holy Spirit.

Amen.



Nothing is Impossible



To a Willing Heart

The Rosary

Nothing is Impossible



To a Willing Heart

For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.

The Joyful Mysteries

(Recited Monday and Saturday)

The Annunciation (Luke 1:26–38)

The Visitation (Luke 1:39–45)

The Nativity (Luke 2:1–7)

The Presentation in the Temple (Luke 2:22–35)

The Finding in the Temple (Luke 2:41–52)

The Mysteries of Light

(Recited Thursday)

The Baptism of Jesus (Matthew 3:13–17)

The Wedding Feast of Cana (John 2:1–12)

The Proclamation of the Kingdom, with the call to Conversion (Mark 1:14–15; 2:3–12)

The Transfiguration (Luke 9:28–36)

The Institution of the Eucharist (Matthew 26:26–29)

The Sorrowful Mysteries

(Recited Tuesday and Friday)

The Agony in the Garden (Mark 14:32–42)

The Scouring at the Pillar (Matthew 27:15–26)

The Crowning with Thorns (Matthew 27:27–31)

The Carrying of the Cross (John 19:15–17; Luke 23:27–32)

The Crucifixion (Luke 23:33–38, 44–46)

Glorious Mysteries

(Recited Wednesday and Sunday)

The Resurrection (Matthew 28:1–8)

The Ascension (Acts 1:6–11)

The Descent of the Holy Spirit (Acts 2:1–12)

The Assumption (1 Thessalonians 4:13–19)

The Coronation of Mary Queen of Heaven and Earth (Revelation 12:1; 14:1–5; Isaiah 6:1–3)



Prayer Concluding the Rosary

[Hail, Holy Queen, etc. as above]

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

*O God, whose only-begotten Son,
by his life, death and resurrection,
has purchased for us the rewards of eternal life,
grant, we beseech thee,
that meditating on these mysteries
of the most holy Rosary of the Blessed Virgin Mary,
we may imitate what they contain
and obtain what they promise,
through the same Christ our Lord.
Amen.*





The Magnificat

*My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour,
for he has looked upon his handmaid in her lowliness;
for behold, from this day forward,
all generations will call me blessed.*

*For the Almighty has done great things for me,
and holy is His name.*

*His mercy is from age to age
for those who fear him.*

*He has made known the strength of his arm,
and has scattered the proud in their conceit of heart.*

*He has cast down the mighty from their thrones
and has exalted those who are lowly.*





The Magnificat (cont'd)

*He has filled the hungry with good things,
and has sent the rich away empty.*

*He has helped his servant Israel,
mindful of his mercy,
even as he promised to our fathers,
to Abraham and his descendants for ever.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.*

Amen.

